

## RISK ASSESSMENT

### On Site Risk Assessment

Address: Playermade Treaining Club, 168 Avenue Road Extension, Leicester, LE2 3EJ

Hazard Risk	Control Measures	Additional, Specific Measures
Natural and artificial hazards (slips trips and falls)	<ul style="list-style-type: none"> <li>°Appropriate footwear and clothing advised prior to attendance (no air bubbles)</li> <li>°Briefing on care when traveling around the venue</li> <li>°Designated drinking areas to avoid spillages</li> <li>°Loose clothing to be hung up in the changing area</li> <li>°Equipment safely stored in designated areas</li> <li>°Floors regularly cleaned to reduce slippery surfaces</li> <li>°Mop and wiping equipment available to clear slippages and potential hazards</li> </ul>	<ul style="list-style-type: none"> <li>°Onsite first aider</li> <li>°Any accidents/near misses to be reported on sessional register</li> <li>°All accidents and incidents recorded</li> </ul>
Equipment failure	<ul style="list-style-type: none"> <li>°Equipment checked daily for defects, loose bolts, broken or sharp pieces</li> <li>°Spare parts available should minor attachments or equipment need replacing</li> <li>°Safe lifting techniques taught to all members during induction</li> </ul>	<ul style="list-style-type: none"> <li>°Assigned role to the Centre Operations Manager (COM)</li> <li>°On call maintenance to repair damaged, broken and unsafe equipment</li> </ul>
Dropped, fallen or thrown equipment	<ul style="list-style-type: none"> <li>°Equipment regularly checked for suitability</li> <li>°Participants made aware prior to the start of session regarding designated training zones</li> <li>°Participants taught to use the equipment in the correct manner</li> <li>°Staff to supervise the group activities closely at all times</li> </ul>	<ul style="list-style-type: none"> <li>°Instructors responsible for sessions must hold an appropriate qualification and operate within its guidelines at all times</li> <li>°Those who opt to lift in bare feet are advised to do so at own risk</li> </ul>
Entrapment /crushing	<ul style="list-style-type: none"> <li>°Heavy loaded equipment fitted with safety bars</li> <li>°Staff to remain vigilant during lifting sessions</li> <li>°Use of safe training zones throughout</li> <li>°Spotting system in place</li> </ul>	<ul style="list-style-type: none"> <li>°Safe spotting technique demonstrated in induction</li> <li>°Technique for bailing and safe transportation of equipment demonstrated to all new members</li> </ul>
Fire or emergency evacuation	<ul style="list-style-type: none"> <li>°Emergency protocol explained during member induction</li> <li>°Fire exits to remain closed, accessible and clear of obstruction at all times</li> <li>°Restricted and limited access to training area and foyer for non training personnel</li> </ul>	<ul style="list-style-type: none"> <li>°Fire exits highlighted and easily visible at all times</li> <li>°Further details can be found in our Emergency Action Plan</li> <li>°Designated Health and Safety Officer</li> </ul>
Getting lost/ loss of goods and Inappropriate interaction	<ul style="list-style-type: none"> <li>°Close parent proximity policy in place during young persons attendance</li> <li>°Personal plan made for emergency e.g. lost participants</li> <li>°On-going head count carried out by coach during sessions</li> <li>°Controlled visits to the toilets/changing area</li> </ul>	<ul style="list-style-type: none"> <li>°Participants advised to attend with only essential equipment where possible, drinks bottle and a light jumper, jacket</li> <li>°Ensure policies are regularly updated to safeguard members from all inherent risks</li> </ul>
Overcrowded communal area	<ul style="list-style-type: none"> <li>°Managed spectator attendance</li> <li>°Controlled group attendance through training ratios</li> </ul>	<ul style="list-style-type: none"> <li>°Advice or attendance updated through our website policies</li> </ul>
Spread of Infections/ germs	<ul style="list-style-type: none"> <li>°Showers run frequently throughout the week to avoid waterborne illness</li> <li>°Participants advised to attend with their own individual drinking bottles</li> <li>°Hand wash, sanitizer and hand cream located near basin</li> <li>°First aid kit available onsite to manage minor injuries</li> <li>°Products in main training area to clean equipment after use</li> </ul>	<ul style="list-style-type: none"> <li>°Disposable hand towels in use</li> <li>°Onsite cleaner controlling maintenance of shower cleanliness, including shower heads, glass screens, basins and toilets</li> <li>°Towels advised to cover benches while in use</li> </ul>
Staff/public lock in	<ul style="list-style-type: none"> <li>°Stringent protocol and guidance for close down</li> <li>°Fire exits to remain as a clear point of exit all times</li> <li>°Accessible exits without the need for a key</li> <li>°Emergency contact number for premises officer located in office</li> <li>°The office door on catch protocol when onsite</li> </ul>	<ul style="list-style-type: none"> <li>°Emergency contact details available to coaches</li> <li>°Intruder alarm connected to designated and local staff members in the event of staff lockin</li> <li>°Office door to remain on the latch and accessible to the landline phone all all times</li> </ul>
Injury by burn or scold	<ul style="list-style-type: none"> <li>°Shower temperature set to moderate level</li> <li>°Kettle to remain in the office, which is promoted as a child free area</li> </ul>	<ul style="list-style-type: none"> <li>°Clear spaces</li> <li>°Adult only policy on making hot drinks</li> </ul>
Staff incompetency	<ul style="list-style-type: none"> <li>°Coaches to be DBS checked prior to employment</li> <li>°All other staff to hold the relevant qualification, including First Aid and qualification specific to the tasks being carried out</li> </ul>	<ul style="list-style-type: none"> <li>°Staff qualifications available upon request</li> </ul>

Health and Safety Officer	Assessor Signature	Date
Michelle Devlin	M. Devlin	01.10.22